

Recreation Program **APPLICATION FORM**

Registered Therapeutic Fitness

Our Therapeutic Fitness programs are offered in small group settings, up to two-days per week on a consistent, year-round basis. Financial assistance is available for those who qualify using the Recreation Access Pass . For support selecting the right course, contact **604.898.3604** to be directed to a **Program Coordinator**.

☒ **Neuro-fit**

Circuit-based exercise aimed to optimize the health of your neurological system. Ideal for individuals affected by stroke, acquired brain injury, MS, Parkinson's or spinal cord injury.

☒ **Re-fit**

Exercises for Osteoarthritis and fall prevention; designed for adults with chronic joint conditions or those having difficulty with mobility such as decreased walking tolerance, difficulty with stairs, tripping or falling.

APPLICATION

Please complete this form and submit to customer service, or email to recreation@squamish.ca

Applicant Name:

Phone Number:

Email:

Preferred Class:

Are you applying on behalf of another person? If so, please provide your name and contact details.

Name:

Phone Number:

Email:

Registration Information

All participants must be pre-approved prior to registration.

- You will be notified once your application form has been received.
- New intakes are assessed on a seasonal basis.
- Limited spaces are available, you may be required to waitlist if applying between sets, or if the program is full.
- You may be asked screening questions to determine your eligibility in the program.
- The information you provide will be shared with a registered Physiotherapist program consultant.